

There were many different kinds of beautiful flowers and plants in the Garden of Eden. Here's an idea to make a flower with different vegetables. Be creative and try to make up your own food art. Have fun!

*Shelli
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FLOWER VEGGIE ART



Ingredients:

- Cucumbers sliced round
- Spinach leaves
- Radishes sliced into half circles
- Celery cut in half
- Baby Carrots
- Cherry tomatoes cut in half

Directions:

Using the picture as a guide, use cucumbers for flower petals and the tomato half in the middle. The celery may be used as a stem with spinach leaves for the flower leaves. Line up the baby carrots (pointy side up) for grass and make a little pinwheel on the side using the radishes and another chopped celery stem.

For a tasty treat, dip the veggies in your favorite dip and enjoy!