



The widow was able to make some food for Elijah with just meal (flour) and oil. Here's an easy recipe you can try at home that uses those ingredients.



EASY FLATBREAD RECIPE



Ingredients:

2 cups flour
1/2 teaspoon salt
1/4 cup cup oil + more for pan
1/2 cup warm water (may possibly need to add more, up to 3/4 cup)

Directions:

- Mix all ingredients in a bowl with your hands.
- Once the dough is mixed together, separate and shape into little balls.
- Heat up a stove pan with a little bit of oil.
- Drop the flattened dough on the pan and cook for a few minutes, and then flip and cook other side.
- All done! You can eat it with a topping, as a side dish, or all on its own. Enjoy!